



8001 Eiger Drive, Lincoln, NE, 68516 | 3240 Folkways Boulevard, Lincoln, NE 68504 | 552 Sargent Street, Beatrice, NE 68310

**PERSONAL HEALTH HISTORY**

SSN \_\_\_\_\_

NAME \_\_\_\_\_  
Last First Middle Initial

DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Height \_\_\_\_\_ Sex M / F Email \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ **Okay to leave voicemail? YES / NO**

**RACE** (circle one) Alaskan Native/other Pacific Islander American Indian/Native American Asian  
Black/African American Hispanic White Other Decline to Answer

**Please list your regular health care providers (Family Physicians, Internists, Gynecologists, Specialists, PAs, NPs):**

**CURRENT MEDICATIONS** list any prescription, non-prescription & supplements or **provide a list** for photocopying

| Medication | Dose  | Frequency/Time per Day |
|------------|-------|------------------------|
| _____      | _____ | _____                  |
| _____      | _____ | _____                  |
| _____      | _____ | _____                  |
| _____      | _____ | _____                  |
| _____      | _____ | _____                  |
| _____      | _____ | _____                  |

**ALLERGIES:** \_\_\_\_\_

**PAST MEDICAL HISTORY**

| Previous Operations/Procedures | Surgeon | Location | Month/Year |
|--------------------------------|---------|----------|------------|
| _____                          | _____   | _____    | _____      |
| _____                          | _____   | _____    | _____      |
| _____                          | _____   | _____    | _____      |
| _____                          | _____   | _____    | _____      |
| _____                          | _____   | _____    | _____      |
| _____                          | _____   | _____    | _____      |

**Do you currently have, or have you previously had, any of the following?** (Circle those that apply)

- |  |                         |  |
|--|-------------------------|--|
| Asthma                                 | Gastroesophageal Reflux | Pneumonia                              |
| Bleeding Problems                      | Heart Attack            | Pacemaker/Defibrillator (Provide card) |
| Blood Clots                            | Heart Disease           | Psychiatric Disorders                  |
| Cancer (before current problem)        | High Cholesterol        | Seizure                                |
| Cardiovascular Disease                 | Hypertension            | Stroke                                 |
| COPD (chronic bronchitis or emphysema) | Kidney Stones           | Thyroid Problems                       |
| Diabetes                               | Liver Problems          | Other _____                            |

**Most recent Colonoscopy:** Date: \_\_\_\_\_ Location: \_\_\_\_\_

**Have you had a bilateral hip replacement?** YES NO

**Have you fallen within the last 30 days?** YES NO

**FEMALE PATIENTS ONLY**

Are you having regular menstrual cycles? YES NO Date of last menses: \_\_\_\_\_

Are you post-menopausal? YES NO

**Most recent Mammogram:** Date: \_\_\_\_\_ Location: \_\_\_\_\_

**SOCIAL HISTORY**

Marital Status (circle one): Married Divorced Single Widowed Other

Spouse or Significant Other's Name: \_\_\_\_\_

Please list other individuals who are involved in your health care: \_\_\_\_\_

Occupation (current or prior): \_\_\_\_\_ Number of work hrs/wk: \_\_\_\_\_

**HABITS**

Tobacco use (circle one): Never Smoker Former Smoker Current Smoker Other (pipe/chew)

# of packs/day \_\_\_\_\_ Age started \_\_\_\_\_ Age quit \_\_\_\_\_ Other Drug Use: \_\_\_\_\_

Typical number of alcoholic drinks: \_\_\_\_\_ per day/week/month/year (circle one)

Environmental Exposures (Asbestos, Radiation, Inhaled dust, etc): \_\_\_\_\_

**FAMILY HISTORY** Please list any family (immediate blood relative) with a history of cancer

Relation to you (maternal/paternal) Cancer Type Age when it developed

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you know any blood relative(s) who have had or currently has:** (give relationship)

Heart Disease \_\_\_\_\_ Stroke \_\_\_\_\_ High Blood Pressure \_\_\_\_\_

Diabetes \_\_\_\_\_ Epilepsy \_\_\_\_\_ Depression \_\_\_\_\_

Kidney Disease \_\_\_\_\_ Lung Disease \_\_\_\_\_ Other mental illness \_\_\_\_\_

Any other diseases that tend to run in the family? \_\_\_\_\_

**EMERGENCY CONTACT**

\_\_\_\_\_  
Name of contact Relation Phone Number

\_\_\_\_\_  
Name of contact Relation Phone Number